

# PARENT/ LIT GUIDE

2024





CRIEFF CAMP COOPER

2024



# WELCOME TO CAMP COOPER

#### Dear Parents & Guardians,

We are delighted you have chosen Camp Cooper for your child this summer! Camp Cooper is a family business. We love summer camps and we have nearly 20 years of experience running summer camps and believe wholeheartedly in the positive impact Camp can have on young people.

After a tough couple of years for children and teenagers, an adventure at Camp Cooper will be a fantastic opportunity for kids to have fun, be silly and make friends. We have created a place where children feel safe; emotionally and physically safe. We have created a place where children can create memories that will last a lifetime, friendships that span the globe and learn values that will make them more independent, confident and ultimately happier young adults.

We do this by creating an atmosphere full of positivity, encouragement and silliness - children can be children. Without the normal pressures of how they look on social media or how well they are doing at school, children can enjoy themselves and have an adventure without the usual pressures of normal life.

This guide has been designed to help you and your child as you prepare for Camp together. We encourage you to read through the material with your LIT. Our goal is to work together with our LIT families to ensure the best possible experience for all. After reading this, please feel free to contact us with any questions you may have. We look forward to seeing you soon

#### Donna & Hiran Silva Founders & Camp Directors







## OUR SPECIAL SUMMER CAMP ENVIRONMENT

## MAKING YOUR CHILD FEEL SPECIAL

Sending your child to Camp Cooper is sending your child to a place where we will look after them and care for them as if they were our own. Your child won't just be a number at Camp Cooper, we have a maximum of 120 LITs at any one point and we ensure everyone feels part of the Camp environment.

Our staff will look out for what makes your child special - it might be their kindness, it might be that they put other's needs in front of their own, it might be that they work hard to be a great football player - no matter what your child does, our staff will look out for what makes your child special and will tell them.

At Camp Cooper, it's not about being the most sporty or academic, it's also not about being the coolest - it's about learning to be a great person, being a great friend, how help others and being kind. These are the special things that our staff will look out for. Praise and positive reinforcement will make children at Camp Cooper feel like a million dollars and go home more confident and more willing to try new things.



# CONTENTS

- Page 5 Contact information
- Page 6 Our goals
- Page 7, 8 Preparing for Camp
- Page 9 Camp rules
- Page 10, 11 LIT Program
- Page 12 Speaking English at camp
- Page 13 Mobile phones/electronics at Camp
- Page 14 Accommodation and shared spaces
- Page 15 1st day at Camp
- Page 16 Daily Schedule
- Page 17, 18, 19 Example Session Schedule
- Page 20 Day Trips
- Page 21 Camp Account and store
- Page 22, 23 Food at Camp
- Page 24, 25 Healthcare at Camp
- Page 26, 27, 28 Travel (Arrival and departure)
- Page 29 Next steps





# COMMUNICATING WITH CAMP DURING

## THE SUMMER



#### How to Contact Us

>If you need anything, whilst your child is at Camp - please contact us!
>To help the summer run smoothly, please ask any questions you have before Camp starts in July.

#### Whatsapp / Emails / Phonecalls

As we are often busy running activities during Camp, it is easiest to contact us for nonurgent issues via email and Whatsapp.

#### If you have an urgent request - please give us a call at anytime

#### Non-urgent Requests: If you have a request that is not urgent, please email: donna@internationalsummercampuk.com or

hiran@internationalsummercampuk.com

#### **Important Requests**

If you need assistance with something important, please Whatsapp Hiran on **+44 7500 661 664** or donna on **+44 7890 411 686** 

#### **<u>Urgent Requests</u>**

If your request is urgent, please call us on one of the following numbers: (Hiran) **+44 7500 661 664** (Office) **+44 3333 44 00 77** 



## OUR GOALS



**As a result of Camp -** LIT's will develop self-confidence and self-respect, based on an appreciation of their own worth as individuals.



**As a result of Camp -** LIT's will develop new and existing skills through engaging sessions and activities.





As a result of Camp - LIT's will increase their leadership, communication and teamwork skills.

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**As a result of Camp -** LIT's will build positive relationships with others and work towards intercultural and worldwide cooperation, based on an appreciation of the worth of all people.











## **PREPARING FOR CAMP**

### If this is your child's first time away from home or you are worried they might become homesick, please use the following tips to help:

> Avoid promises to pick up your child early. Instead, reaffirm that they will enjoy themselves.

> Discuss ways that your child can deal with missing home or feeling sad.

> Let your child know that the LIT director and other Camp Counsellors are there to help and listen to them and that it is okay to miss home. Some parents worry that talking about homesickness before Camp will "bring it on". The more homesickness is discussed ahead of time, with positive messages about how the LIT will succeed and tools they can use while at Camp, the more successful a LIT's experience tends to be.

> Read about Camp together. Help your child prepare for Camp by discussing what they look forward to most, arrival and departure day, the daily schedule, sessions and the all-camp activities.

> Pack for Camp together. Getting your child to help pack for Camp starts them being on an independent adventure at Camp Cooper. It will also help them know their clothing and items at Camp.



# PACKING FOR CAMP (2 WEEK PACKING LIST)

#### # Items

- 2 Towels
- **1** Swimsuit
- **14** Pairs of underwear
- 4 Trousers/Jeans/Sweatpants/Leggings
- 4 Shorts
- **14** T-shirts
- 4 Sweatshirts (1 hooded recommended)
- **1** Warm Jacket
- **1** Light Raincoat
- **14** Pairs of socks
- **1** Warm pyjamas
- **1** Pair of sandals
- **1** Pair of rain boots/waterproof shoes for outside use
- 2 Pairs of running shoes/trainers
- Toiletries (shampoo, body wash, deodorant (roll on), toothbrush, toothpaste
- **1** Sunblock
- **1** Water Bottle with name written on (essential)
- **1** Laundry bag
  - Phone charger & UK adapter (If bringing a mobile)
  - UK pounds for trip & Camp store (see page 13 for full information)

Please pack enough clothes for two weeks An optional laundry service is available half way through the session. The cost depends on the weight of the clothes and is typically between £10 - £20

### Items to Leave at Home

Please **do not** bring any of the following items to Camp...

> Laptops & tablets (e.g. iPads)

- > Aerosol spray cans
- > Food (including sweets and gum)
- > Matches, Lighters
- > Penknives
- > Hair clippers
- > Video Game Systems
- > Hair straighteners/curlers



## **CAMP RULES**

To keep Camp a safe, healthy and fun environment, we have clear standards and expectations for appropriate behaviour in our LITs and staff. Please review this code of conduct with your LIT so that you both understand our expectations.



**1. Follow safety rules and the law:** LIT's are expected to obey all rules that apply at Camp (these are communicated on the first day at Camp)

• 2. Stay on site at all times: LIT's should stay on the Campsite at all times, except when there are pre-organised off-site trips led by Camp staff.

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• **3. Stay in own gender residential cabins:** LIT's are not permitted to enter cabin blocks of the opposite gender.



4. No alcohol, vaping kits, cigarettes, illegal drugs or penknives.



**5. Respect and include other people:** LIT's should treat each other and staff with respect at all times. They should not act towards others in a disrespectful way. They should strive to build an inclusive community - bullying & excluding others is not accepted at Camp. People of all genders, sexuality, nationality and religions are always respected and treated as equals at Camp.

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**6. Challenge yourself (in other words, take part):** LIT's are expected to take part in everything that happens. However, this does not apply if doing so would put them at risk (possibly due to exhaustion) or significantly upset them.



# **LIT RULES**

### Living in an international environment

Camp Cooper is a special environment - we are so lucky to welcome LITs from over 50 countries each summer.

This is an important part of Camp - we celebrate LITs from different countries, races, religions, backgrounds, genders, and cultures and bring them together to learn from each other, make friendships, and have a fantastic summer adventure.

Camp is a place where everyone should feel safe - both physically and emotionally and not a place where political views and world events should be shared and discussed.

Instead, we will focus our summer on treating each other with kindness, empathy, and equality, and finding out what we have in common and ultimately, we want kids to be kids and focus on being silly, having fun and making friends.



## LIT PROGRAM

We are so excited to welcome your child to camp and for them to be part of our LIT (Leadership in Training) Program.

Our program will give your child the chance to develop a variety of soft skills including interpersonal, communication, problem-solving, leadership, resilience, and teamwork skills. We achieve this through a variety of fun and engaging sessions led by our LIT director as well as getting the LIT's involved in different aspects of Camp.

We have developed our LIT program to be fun, rewarding, and relevant, we actively promote personal development and self-reflection throughout the program with the goal that our LIT's will be able to take what they have learned at Camp and apply it to other personal and professional aspects of their lives.

Our program is all about young people taking on new challenges, opportunities and responsibilities in a hands-on learning environment.



## LIT DIRECTOR



The LIT Director will be a mentor, role model and friend to all of our LIT's during the summer. Not only will they be leading our engaging sessions, but they will also be providing pastoral care for the LIT's throughout the day.

They will give support, guidance and advice to our LIT's and they will ensure your child is engaged, having fun and safe.

As well as running sessions the LIT director will have daily individual and group meetings with the LIT's to provide consistent and effective feedback, they will also provide references for the LIT's.



## **SPEAKING ENGLISH AT CAMP**

Camp Cooper is an English-speaking summer camp. All activities and sessions are taught in English and all LITs are expected to try to speak English the entire time they are at Camp.

The reasons for this are:

- International LITs should aim to improve their English whilst at Camp.
- Speaking English the entire time gives all LITs a common language which helps create better friendships and relationships.





## **MOBILE PHONES / ELECTRONICS AT CAMP**

Camp offers a unique opportunity to unplug. Getting away from technology fosters independence and autonomy. However, we also understand the need for LITs to check-in with their family.

### **Phone Policy / Procedures**

- LIT's will be allowed to have their phones on them at all times, but will be encouraged to only use their phone during electronics time.
- Everyday at **11:45 12:25 GMT** we have electronics time and this is the best time to contact your child, this is a dedicated time of the day for LITs and LIT's to access their electronics and call home.
- LIT's that repeatedly use their phones during sessions or activities may have their phone taken off them for a time and given back during electronics time.
- If you are sending your child to Camp with a phone, please make sure they have a charger and a UK adapter
- LITs and LIT's are not allowed to bring laptops and tablets (iPads)
- We would recommend not bringing AirPods or expensive ears/headphones to Camp.



## **ACCOMODATION AND SHARED SPACES**

#### **Cabin Privacy**

The accommodations are comfortable and homely. Males and females are in entirely different accommodations.

Most of our accommodations have large rooms where a group of LIT's sleep. As a result, there is limited privacy available as everyone gets changed in the cabin.

Please speak to your child prior to Camp about our living situation, especially if they gets embarrassed easily or is uncomfortable with this type of set up.



#### LIT Room

The LIT's will have access to an LIT room, this is where majority of the sessions will be lead and also a space for LIT's to hang out together during free time.

The LIT's are expected to help keep this space welcoming and clean. They will be able to access this space during the day and during evening free time.



#### The On-Duty System

From 10.00pm - 12.00am Camp operates an on-duty system where in each boarding house, a counsellor sits in a central location to their respective cabins and perform checks on each cabin every 10-15 minutes.

This system allows counsellors to attend a nightly team meeting where they discuss the day's events, any LIT issues and programme activities for the following day.





# **1ST DAY AT CAMP**

### What to Expect

### **Check In**

Upon arrival, LITs will get a big hello and will check-in at the office. All valuables are taken in by our staff and kept in a locked cupboard in the Camp office for safekeeping. This is extremely important to ensure valuables are kept safe at all times. The valuables that are kept in the office are:

- Passports & flight tickets
- Wallets & money

### **Tours of Camp & Orientation**

The LIT's get a tour of Camp by the LIT director, learn the dining hall procedures and general camp policies

### **Dinner & Campfire**

At 6.00pm, all LITs and staff meet for our first meal. After that, everyone makes their way to our campfire for our very special opening night that is full of singing, tradition and toasting marshmallows.







# A TYPICAL DAY AT CAMP COOPER

### **A TYPICAL DAY**

- TIME ACTIVITIES
- 8:30 9:15 BREAKFAST
- 9.15 9.30 CABIN CLEAN UP
- 9.30 9.45 CIRCLE TIME
- 9:45 11:45 LIT SESSION
- 11:45 12:25 ELECTRONICS TIME
- 12:30 13:15 LUNCH
- 13:15 14:00 SIESTA
- 14:00 16:00 LIT SESSION
- 16:00 18:00 CAPS (GROUP ACTIVITY)
- 18:00 19:00 DINNER
- 19:00 21:00 EVENING ACTIVITY
- 21:00 23:00 FREE TIME

As well as attending engaging sessions LIT's will be able to get involved in other aspects of camp including evening all camp events.





## **EXAMPLE SESSION SCHEDULE**

On the next two pages you will find an example two week session schedule, we work hard throughout the year to develop a well rounded program that is rewarding and fun. Our creative and engaging LIT sessions are designed to help develop a variety of soft skills in an exciting American Style Summer Camp setting.

Please note that this example schedule is subject to change before summer.





## **EXAMPLE SESSION SCHEDULE**

			We	ek 1			
COMP COOPER	aday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (Chill day)
Breakfast 8.30 - 9.15	Break	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cabin Clean Up 9.15 - 9.35	Prep	u-Up	Cabin Clean-Up	Cabin Clean-Up	Cabin Clean-Up		Cabin Clean-Up
Circle Time 9.35 -9.45	Circle Time	Circ	Circle Time	Circle Time	Circle Time		Circle Time
Morning 9.45 - 11.45	Prep for Camper Arrival	Session 1 Welcome and Goal setting	tion 3 Contion	Session 4 Problem solving and decision making	Session 6 Mental health and wellbeing		Participate in CHAOS
Lunch 12.30 pm – 1.15pm	Lunch	Lunch	Lunch	Lunch	Lunch		Lunch
Siesta 1.15pm – 2.15pm	Camper Arrival	Siesta	Siesta	making Lunch <sup>e Schedule</sup>	Siesta	TRIP	Siesta
Afternoon 2.15pm – 4.15pm	Camper Arrival	Session 2 Teambuilding	Session 4 Leadership and being a positive role model	Sess. Resilience a. perseverance	Session 7 Secret		Helping run CHAOS
Afternoon 4.15pm – 5.45pm	Camper Arrival	САР	CAP CAP CAP		6		CAP
Flagpole 5.45pm	Flagpole	Flagpole	Flagpole	Flagpole	Flagpole		Flagpole
Dinner 6pm – 7pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinne	Dinner
Evening 7pm – 8.30pm	Opening Campfire	Amazing Race	Wacky 'o' Kart	V & C Event	Oblivion	Gameshow	Airb



## **EXAMPLE SESSION SCHEDULE**

$\frown$		6	We	ek 2	1		
COMP COOP	day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast 8.30 - 9.15	Bres	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cabin Clean Up 9.15 - 9.45	Cabin Clean-Up	-d-Db	Cabin Clean-Up	Cabin Clean-Up	Cabin Clean-Up		Cabin Clean-Up
Circle Time 9.35 - 9.45	Circle Time	Circle Tim	Circle Time	Circle Time	Circle Time		Circle Time
Morning 9.45 - 11.45	Electives	Electives		Electives	V & C		
Lunch 2.30 pm – 1.15pm	Lunch	Lunch	Lunch Exam	Lunch	Lunch		Lunch
Siesta 1.15pm – 2.15pm	Siesta	Siesta	Siesta	Lunch Die Schedule	Siesta	Campers Depart	
Afternoon 2.15pm – 4.15pm	Group Project	Group Project	Group Project	Gro Project	V&C		
Afternoon 4.15pm – 5.45pm	САР	CAP	САР	Showcase	V & 0		
Flagpole 5.45pm	Flagpole	Flagpole	Flagpole	Flagpole	Flagpole	- He	
Dinner 6pm – 7pm	Dinner	Dinner	Dinner	BBQ	Dinner	Dinner	
Evening 7pm – 8.30pm	V & C Event	Capture the lantern	Campchella	Gladiators	Closing Campfire		



### **LIFE-SKILLS TRAINING**

### **WORKING WITH CHILDREN TRAINING**

**GOAL-SETTING STAGES OF GROUP DEVELOPMENT** COMMUNICATION **LEADERSHIP INTRODUCTION LEADERSHIP 2 PLANNING AN EVENT** PUBLIC SPEAKING **MOTIVATION PERSONAL DEVELOPMENT POSITIVE SELF-TALK** 

**DEALING WITH CHALLENGING BEHAVIOUR** ALL ASPECTS OF CAMP LIFE EMERGENCY PROCEDURES **INDIVIDUAL & GROUP DEVELOPMENT DEALING WITH HOMESICKNESS** FACILITATING FRIENDSHIPS **TEACHING & COACHING TECHNIQUES BEING AN EFFECTIVE LEADER** DEVELOPING NEW PROGRAMMES PLANNING AND ORGANISING ACTIVITIES



## **DAY TRIPS**

### **Day Trips at Camp Cooper**

## **Day Trips**

Day Trips are organised once during a 2-week session. The trips are designed to introduce LITs to Scottish culture and Scotland's vibrant cities & breath taking scenery. They are supervised by our Camp staff and will ensure LITs learn about and explore Scotland

We will let LITs know at the start of the session which trip they are going on .

### Money on the Day Trip

LITs will have the chance to buy a souvenir or go shopping whilst they are on the trip. In order for LITs to have access to money whilst on the trip and to ensure that LITs are not carrying around large amounts of money, LITs will have access to £50 per trip (of their own money). Extra money can be made available by the Camp Directors during the trip if LITs wish to purchase something unique/more expensive.

#### Session 1 & 3 Trip: Glasgow

>Enjoy a fabulous walking tour of Glasgow city centre
>See Glasgow's fantastic culture and history
>Visit some of Scotland's shopping highlights
>Supervised free-time around Glasgow

#### Session 2 Trip: Edinburgh

>A guided tour around Edinburgh, Scotland's beautiful capital learning about Scottish culture and heritage
>Learn about Edinburgh's haunted history
>Walk along Princes Street & pick up a Scottish souvenir

- >Trips to art galleries and museums
- >Supervised free-time around Edinburgh









# **CAMP ACCOUNT & CAMP STORE**

### **Managing Money & Valuables at Camp**

#### **Camp Account**

All money brought to Camp by LITs is entered onto the LIT's individual Camp Account on the first day. LITs may spend money on their Camp Account in three ways, purchasing something from the camp store, buying a (daily) snack or using money on the off-site trip.

We recommend  $\pounds75$  per week for the Camp store, buying snacks and money for the off-site trip. Money left over at the end of Camp will be rounded down to the nearest  $\pounds5$  and given to the LIT on the last day of Camp.

LITs can buy a snack from the Camp store. Snacks are ordered after breakfast and are picked up after elective 2 (4pm). LITs may order a maximum of one snack per day. Examples of snacks available include mars bars, twix, snickers, m&m's and granola bars.

If you would like your LIT to not have snacks available to them, please email donna@internationalsummercampuk.com

We do not allow outside food to be brought in as food cannot be stored or consumed in the accommodations

#### The Camp Store

The Camp has a store where souvenirs and a few necessities that might have been forgotten can be purchased.

T-shirt Sweatshirt/Hoody Sweatpants Waterbottle UK Plug adapter\* Towel Toothbrush Toothbrush Toothpaste Shampoo Shower Gel Laundry (available if staying for more than twoweeks) UK SIM card Use of Camp mobile to call home

\*LITs should bring their own UK adapter. Adapters and chargers cannot be shared with other LITs.



## FOOD AT CAMP

### What to Expect

At Camp, we want all LITs to eat well and feel good. We expect LITs to eat three meals a day, which is necessary to maintain a busy and active schedule. We never force LITs to eat food that is not to their liking, but we do encourage LITs to try all food items on the table in the form of a "no thank you helping". Unless specified by doctor's orders, we discourage dieting.

We work hard to make sure our menu includes foods to suit all LITs. However, we do get LITs from around 25 countries so it can be difficult to create a menu that works for everyone's taste.

### Breakfast

#### **Everyday Options:**

- Porridge
- Weetabix
- Granola
- Fruit Yogurts
- Fruit Salad
- Boiled Eggs
- Cereals
- Bread and toaster

#### **Daily Option**

- Mon: Pancakes
- Tue: Bacon and egg
- Wed: Waffle
- Thur: Beef sausage
- Fri: Croissant and ham
- Sat: Smoothies
- Sun: Chef's choice

### Night Time Snack

Before bed, the LITs have a night time snack option:

- Toast
- Biscuits
- Fruit
- Yogurt









## FOOD AT CAMP

### What to Expect

#### Lunch / Dinner Options

For lunch, there is always a secondary option in case your LIT does not like the main option.

For dinner, there is always a soup and the salad bar as a secondary option.

#### Vegetarian / Vegan Option

We always provide a vegetarian/vegan option for those LITs who do not eat meat. If your LIT is vegetarian, please put this information on the LIT information form.

#### **Other Dietary Needs**

We can make most food accommodations such as for dairy and gluten allergies. Please contact us for more information.

#### **Lunch Examples**

- Sweet chilli chicken with cous cous and vegetables
- Pizza with fries and a mixed salad
- Roast chicken with roast potatoes, roast potatoes and vegetables
- Steak pie with chips and carrots
- Shepard's pie with boiled potatoes and cauliflower cheese
- Beef burger with wedges and sweetcorn
- Chicken pie with chips and mixed veg

#### **Dinner Examples**

- Lasagne with garlic bread and Caesar salad
- Haddock goujons with chips and peas
- Pork & Leek sausages with mash potato and mixed veg
- Chicken curry with rice and vegetables
- Cannelloni with rustic bread and salad
- Tandoori chicken with rice and chutney
- Chicken skewers with flat bread and mixed salad

#### Salad Bar Selection for Lunch & Dinner

- Lettuce
- Tomato
- Cucumber
- Pepper
- Carrot
- Beetroot
- Cheese
- Eggs
- Sweetcorn
- Croutons
- Onion
- Hummus
- Pasta Salad
- Chef's Daily Salad
- Cold Meats



# HEALTHCARE AT CAMP (PART 1)

Good health and safety are priorities for us. Our staff are trained to maintain high standards and take all necessary precautions. However, accidents do happen and rest assured that your LIT is in good hands with our competent, experienced and trained staff. Here are some of our approaches in case of injury or illness

- In case of accident or illness, LITs are cared for by our Camp Nurse we will have a nurse on-site at all times who will be responsible for everyone's health whilst at Camp.
- If your child is unwell or is injured (apart from very minor cuts & falls), we will call you right away and keep in contact with you.
- If required, we will organise an appointment with the local doctors
- In case of an emergency, LITs are taken to the local Accident and Emergency Room (via ambulance or via our Camp vehicle depending on the situation)

Other Information

- If a child is unwell at Camp, our nurse will look after them. We will give them lots of love, attention and care.
- Our first aid supplies are stocked with over-the-counter pain relievers in both child and adult doses so there is no need to send these with your LIT.

### **Travel Insurance & Healthcare Costs**

All international LITs must have their own travel insurance for any health issues as well as in case of any flight problems.

All LITs from the EU should bring their EU Health Card to Camp

Any health care costs such as doctors appointments or medication prescribed as a result of an injury or illness while at Camp are billed to your family's medical insurance or directly to parents/guardians.

Camp is not responsible for any medical charges incurred while your child is at Camp.



## HEALTHCARE AT CAMP (PART 2)

### **Medication**

All medications, including prescription, non-prescription and vitamins, are stored in the Camp Office. Here are our procedures if your child needs to take regular medication at Camp:

> All medications must come in original containers.

> Prescribed medications must have the pharmacy label, the name of the medication, the dosage, directions for administration, and the child's name.
> Whenever possible, a copy of the doctor's prescription or letter may be sent to clarify any discrepancies.

> All non-prescription medication must be in their original containers, clearly labelled with the child's name, name of the medication and direction for use.

> All medication will be made available by one of the nurses or designated members of staff. Usual medication times are after breakfast, after lunch, after dinner and before bedtime.

>We do not dispense medications directly to LITs. Your child's medication will be made available to them at the designated time by the nurse of designated staff member. It is important that your child knows what medication(s) they take, what dosage they take and the time they take it.

#### **Medication Vacations**

Some parents consider it in their child's best interest to remove or reduce the dosage of some behavior management drugs, such as Ritalin, while their child is at Camp.

It is our experience that "Medication Vacations" can cause difficulties for LITs and their cabin mates. If you are considering this option for your LIT, please call one of the Camp Directors, who can discuss this option with you.



## **TRAVEL - ARRIVAL & DEPARTURE DATES**

2 week Camps	Arrival Date	Departure Date
Session 1	Sunday June 30	Friday July 12
Session 2	Sunday July 14	Friday July 26
Session 3	Sunday July 28	Friday August 9
4 Week Camps	Arrival Date	Departure Date
Session 1 & 2	Sunday June 30	Friday July 26
Session 2 & 3	Sunday July 14	Friday August 9



## **Booking Flights**

We recommend booking flights so that your child can be at Camp by 6pm on arrival day (it takes approximately 2 hours for a flight to land and then for someone to get their luggage and travel to Camp on our transport).

We understand that this may not be possible and LITs are welcomed by their cabin groups throughout the evening when needed.

### **Travelling by Plane**

- LITs arriving by plane should arrive at Edinburgh Airport between 10am and 5pm
- LITs leaving by plane should have flights booked to leave between 11am 4pm
- Flight information is submitted to Camp Cooper by **May 1st via the Travel Form**
- The cost of the airport pickup and drop-off service is  $\pm 60$  each way.



# **AIRPORT ARRIVAL & DEPARTURE INFO**

### What to Expect

### **Airport Arrival**

We are highly experienced at picking LITs up from the airport. We know exactly what flights our LITs are arriving on and we will have our staff waiting at the arrival gate for your child. Our staff will be wearing bright Camp Cooper t-shirts and they will have a Camp Cooper banner with them.

When we have safely met your LIT, we will get them to give you a call so you know we have them safely.

We will have coaches ready to bring your child safely to Camp to start the fun!

### **Airport Departure**

For departure, we will bring your LIT to the airport in plenty of time for their flight.

Our staff will help get your LIT checked in and then they will bring your LIT to the security gate. They will make sure your LIT calls you so you know they are all set.

Our staff will not leave the airport until the flight has departed in case there are any last minute problems.

### Arrival / Departure by Car

For driving directions, please use the following address:

Ardvreck School, Gwydyr Road, Crieff, Perthshire, PH7 4EX

**Arrival time by car:** 2pm – 4pm

**Pickup time by car:** 10am – 12pm





## **NEXT STEPS**

#### Next Steps Before the Summer: CampInTouch Account

Each family that has registered for Camp Cooper has an online CampInTouch Account. This will have been emailed to you when you registered or an email will have been sent to you when we set up your account.

The CampInTouch account is an online place where parents/guardians can update all their details and do all the tasks required before Camp. This includes:

### By May 1

**Travel Form** - Please fill in the travel form with information on how your LIT will arrive and depart Camp. To avail of the free airport transfer, to and from Edinburgh Airport, please submit travel plans by May 1.

LIT Information Form - Please fill in this form by May 1

### By June 1

**Insurance** - For international LITs - we HIGHLY Recommend purchasing travel insurance (that covers health and travel)

**Payment** - The final balance is due on June 1. If you paid via credit card, the final balance will be charged on June 1st. If you paid via bank transfer, the final balance should be transferred by June 1st.





## **ANY QUESTIONS?**

#### If you have any questions please email or call us

We want Camp Cooper to be a great adventure for your family. We aim for Camp to be a development programme where children and young people develop key-life skills, make lots of friends and have lots of fun. We aim to work with families over the long-term and our usual return rate to Camp Cooper is around 70%.

If you have any questions about Camp at anytime, please contact us:

Donna Silva: donna@internationalsummercampuk.com +44 7890 411 686 Hiran Silva hiran@internationalsummercampuk.com +44 7500 661 664

Did you know? We are a fully accredited summer camp by the British Accreditation Council. If you have any concerns about our Camp, you contact the British Accreditation on info@the-bac.org



We can't wait to see your LIT this summer for a life-changing summer adventure!